

FALL 2026 BASKETBALL COURT AND EXERCISE CLASS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FAMILY GYM TIME 9:15-10:15AM	BOOT CAMP 7:00 AM - 8:00 AM		YOGA 9:00-10:00 AM WADLEIGH ROOM		BOOT CAMP 7:00 AM - 8:00 AM	FAMILY GYM TIME 7:45-8:45AM
			TODDLER GYM 9:00-10:00 AM	PICKLEBALL Ages 50+ 8:30-9:30AM		
YOGA 10:45 -11:45 AM WADLEIGH ROOM	YOGA 9:00-10:00AM WADLEIGH ROOM		WATER FITNESS 10:30-11:00 AM	PICKLEBALL 9:30-11:15AM		
BOOT CAMP 10:30-11:30 AM	PICKLEBALL Ages 50+ 11:00AM -12 PM	INDOOR CYCLING 11:45 AM-12:30 PM		INDOOR CYCLING 11:45AM – 12:30PM	PICKLEBALL 12:00-2:00 PM	
PICKLEBALL 12:00-2:00 PM	PICKLEBALL 12-1:30PM		CHILDCARE 2:30-4:45PM			PICKLEBALL 12:30-2:30 PM
TEEN HOURS 2:00-4:00 PM	CHILDCARE 3:45-5:15 PM	CHILDCARE 3:45-5:15 PM		CHILDCARE 3:45-5:15PM	CHILDCARE 3:45-5:15PM	
				YOGA 6:30PM WADLEIGH ROOM		
		BOOT CAMP 7:00-8:00 PM	POUND CLASS 6:00-7:00 PM	BOOT CAMP 7:00-8:00 PM		