









SOMERVILLE YMCA



JUNE 2026 MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|---|
| <p>22-Jun</p> <p>Breakfast</p> <p>wg Toasted Oat Cereal</p> <p>Fresh Seasonal Fruit ()</p> <p>Lunch</p> <p>Swedish Turkey Meatball</p> <p>w/ Turkey Gravy</p> <p>ww Dinner Roll</p> <p>Whipped Potato</p> <p>Fruit ()</p> <p>*Turkey*</p> | <p>23-Jun</p> <p>Breakfast</p> <p>wg Banana Muffin</p> <p>Fresh Seasonal Fruit ()</p> <p>Lunch</p> <p>wg Cheese Tortellini</p> <p>w/ Tomato Sauce</p> <p>—</p> <p>Italian Blend Vegetables</p> <p>Fruit ()</p> <p>*Meatless*</p> | <p>24-Jun</p> <p>Breakfast</p> <p>wg Kix Cereal</p> <p>Fresh Seasonal Fruit ()</p> <p>Lunch</p> <p>"Chicken n Waffles"</p> <p>wg Chicken Pattie</p> <p>w/ Maple Syrup</p> <p>wg Waffle</p> <p>Sweet Potato Puffs</p> <p>Fruit ()</p> <p>*Chicken*</p> | <p>25-Jun</p> <p>Breakfast</p> <p>wg Blueberry Bagel w/ Cream Cheese Spread</p> <p>Fresh Seasonal Fruit ()</p> <p>Lunch</p> <p>Chicken Teriyaki</p> <p>w/ Teriyaki Sauce</p> <p>Asian Inspired wg Brown Rice(w/ green peas & diced carrots)</p> <p>Asian Inspired Vegetable Blend</p> <p>Fruit ()</p> <p>*Chicken*</p> | <p>26-Jun</p> <p>Breakfast</p> <p>wg Blueberry Muffin</p> <p>Fresh Seasonal Fruit ()</p> <p>Lunch</p> <p>Taco Spaghetti (Ground Turkey)</p> <p>W/ Diced Tomato, Cilantro, Cheddar Cheese</p> <p>ww Spaghetti</p> <p>Sliced Yellow Squash w/ Diced Red Peppers</p> <p>Fruit ()</p> <p>*Turkey*</p> |
| <p>29-Jun</p> <p>Breakfast</p> <p>Crisp Rice Cereal</p> <p>Fresh Seasonal Fruit ()</p> <p>Lunch</p> <p>wg Cheese Ravioli</p> <p>w/ Tomato Cream Sauce</p> <p>Italian Green Bean</p> <p>Fruit ()</p> <p>*Meatless*</p> | <p>30-Jun</p> <p>Breakfast</p> <p>wg Cinnamon Raisin Bagel w/ Cream Cheese Spread</p> <p>Fresh Seasonal Fruit ()</p> <p>Lunch</p> <p>Arroz Con Pollo (wg Brown Rice)</p> <p>—</p> <p>Mixed Vegetables</p> <p>Fruit ()</p> <p>*Chicken*</p> | <p></p> <p></p> | <p></p> <p></p> <p></p> | <p></p> |

1% Unflavored Milk is served with every Breakfast and Lunch and if required on Snack

**Menu is Subject to Change*

***Please Note Products are sent with Manufacturer label. If Product is portioned in house the items are intended to be consumed the same day of delivery or the next service day. Dispose of any left over items**

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