SUMMER 2025 BASKETBALL COURT AND EXERCISE CLASS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FAMILY GYM TIME			YOGA	PICKLEBALL		FAMILY GYM TIME
9:15-10:15AM	INDOOR CYCLING		9:00-10:00 AM	Ages 50+	INDOOR CYCLING	7:45-8:45AM
BASKETBALL COURT	6:15 AM - 7:00 AM BASKETBALL COURT		BASKETBALL COURT	8:30-9:30 AM	6:15 AM - 7:00 AM BASKETBALL COURT	BASKETBALL COURT
				BASKETBALL COURT		
	YOGA		WATER FITNESS	PICKLEBALL		
	9:00-10:00 AM		10:30-11:00 AM	9:30-11:15AM		
	BASKETBALL COURT			BASKETBALL		
				COURT		
YOGA		INDOOR CYCLING		INDOOR CYCLING		ADULTSWIM
10:30-11:30 AM		11:45 AM-12:30 PM		11:45 AM-12:30 PM		LESSONS
WADLEIGH ROOM		BASKETBALL COURT		BASKETBALL COURT		8:30-9:00 AM Paid registration required
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BOOT CAMP	PICKLEBALL				PICKLEBALL	YOUTH SPORTS
10:30-11:30 AM	12:00-1:30 PM				12:00-2:00 PM	9:00-12:00 PM
BASKETBALL COURT	BASKETBALL COURT				BASKETBALL COURT	BASKETBALL
						COURT
PICKLEBALL	CHILDCARE	CHILDCARE	CHILDCARE	CHILDCARE	CHILDCARE	PICKLEBALL
12:00-2:00 PM	1:30-3:30 PM	1:30-3:30 PM	1:30-3:30 PM	1:30-3:30 PM	1:30-3:30 PM	12:30-2:30 PM
BASKETBALL COURT						BASKETBALL COURT
TEEN HOURS	CHILDCARE	CHILDCARE	CHILDCARE	CHILDCARE	CHILDCARE	
2:00-4:00 PM	3:30-5:00 PM	3:30-5:00 PM	3:30-5:00 PM	3:30-5:00 PM	3:30-5:00 PM	
		ADULT SWIM	DOUND GLASS			
		LESSONS	POUND CLASS			
		5:30 PM – 6:30 PM Paid registration required	6:00-6:45 PM			
	RESERVED	BOOT CAMP		BOOT CAMP		
	7:00 PM- 8:30 PM	7:00-8:00 PM		7:00-8:00 PM		
	BASKETBALL COURT	BASKETBALL COURT		BASKETBALL COURT		