



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Somerville YMCA 2022 Impact Report

TOGETHER WE ARE WORKING FOR  
A GREATER PURPOSE

We Strengthen Communities, Educate and Nurture  
Children and Promote Healthy Living

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Those who served the Y in the 2021-2022 fiscal year

## YMCA BOARD OF DIRECTORS

### OFFICERS:

Brian Harris	<i>President</i>
Debra Notaro	<i>Vice President</i>
Sandra McGoldrick	<i>Treasurer</i>
Josue Velney	<i>Secretary</i>

### BOARD MEMBERS:

Thomas Bent	Thomas Macone
Charles M. Casassa	Pearl J. Morrison
Louis Ferrara	William R. Murphy
David R. Leibovitz	Suzanne Rinfret
Ronelson Lovaincy	Nancy Trane

The Somerville YMCA Board of Directors provides governance, policy, direction and fundraising support for our Association.

The visionary leadership of these volunteers helps our entire YMCA provide extraordinary experiences for individuals and families throughout Somerville and beyond.

### PROFESSIONAL STAFF:

Vladimir Benoit	President and CEO
Teresa Champa	Controller
Denise Forcellese	Director of Membership
Jason O'Keefe	Dir. of Operations and Facilities
Mykela Bricka	Aquatics Director
Tania Buck	VP of Child Dev. and Education-
Francesca Ciccone	Child Care Registrar
Matthew O'Donnell	Director of Out of School Time
Michelle Quinlan	Y@PHA Program Administrator
Jessika Sickey	Pre-K/K OST Director
David King	Y@PHA Webster Site Director
Janet Alvarez	SACC Site Coordinator



# A Letter from the President and CEO

Dear Y Family,

As we reflect on the year that was, I am filled with gratitude and pride for the strides we made in 2022. This past year was marked by our relentless commitment to amplifying positive change through local collaborations.

Our unwavering focus on underserved communities remained at the forefront. Whether in the realms of childcare, health and wellness, or affordable housing, we aimed to bridge equity deficits and create opportunities.

Our job readiness training program for teens saw continued growth, empowering young minds with the skills and confidence to shape their futures.

Water safety remains a cornerstone of our community outreach efforts. We're dedicated to offering affordable swim lessons to youth, ensuring they not only gain access to, but also master vital life-saving skills. Through our valued partnership with DCR, we extended the opportunity for free lifeguard certifications, creating new pathways for aspiring lifeguards to excel in their careers.

Recognizing the significance of access to fresh, nutritious food, we bolstered our efforts in food distribution to the community. This expansion aimed to address the immediate needs of those we serve.

Our commitment to health and wellness reached new heights with an enriched array of programs designed to nurture holistic well-being.

To our steadfast supporters, I extend my deepest gratitude. Your unyielding support has been the bedrock of our progress. Your belief in our mission propels us forward and inspires us to reach greater heights.

As we stand on the cusp of the future, we do so with boundless excitement. The promise of what lies ahead is matched only by our determination to continue making a meaningful impact on the lives of those we touch.

With gratitude,



Vladimir Benoit  
President and CEO

# DEDICATION TO THE COMMUNITY

The Y is the One Place that people of all ages, color, educational levels, income levels, orientations, identities, abilities, and religions go to because they want to, not because they have to.

## OUR MISSION

The Somerville Y is committed to building a community where all people, especially the young, are encouraged to develop their fullest potential in spirit, mind, and body.

## OUR VISION

The Somerville Y will serve as a cornerstone in our communities providing values-based programs and services for youth and adults designed to develop healthy lifestyles, delivered in a welcoming environment by committed staff and volunteers.

## ABOUT US

Each year, the Somerville Y reaches over 5,000 people and 2,500 youths through a variety of social, cultural, and athletic programs designed to help participants grow personally, understand others, and appreciate the world's diversity. The Somerville Y serves the City of Somerville and its adjacent neighborhoods in Boston, Cambridge, Arlington, Medford, Malden, and Everett, an area generally defined as lower middle-class suburbs of Boston.





# OUR IMPACT AT A GLANCE

## COMMUNITY IMPACT

The Y isn't just a building. We're people from all backgrounds and walks of life who come together to support each other and strengthen our community.



87%

of our summer child care children are subsidized through state and local programs and grants.



139

DCR Lifeguards received free certification. In addition, complimentary Lifeguard, First Aid and CPR training was provided to Y staff.



162

Teens participated in the Leadership In Training program, high school membership, or summer and year-round, part time employment the Y.



1000

Children, ages 6-13, received **FREE** swim lessons.



\$125,000

Amount youth sports participants saved in 2022 with their Y membership.



46,800

Pounds of fresh food distributed to the community through Food For Free



41,031

Healthy meals and snacks distributed through our childcare program



700

Hours of Wellness and Group Exercise programming for our adult members



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# ALL CHILDREN HAVE AMAZING POTENTIAL

We believe that all kids deserve the opportunity to discover who they are and what they can achieve. Values and skills learned early are vital building blocks for life. From the youngest in our child care programs to the teens in our leadership development initiatives, the Y gives children and teens a safe place to belong, build confidence and learn positive behaviors grounded in our core values of caring, honesty, respect, and responsibility.

## Our Child Care Programs

### Our Child Care Programs

There are four sites in Somerville that we provide services for our youth to have a place to learn and grow outside of school.

#### On-site Locations:

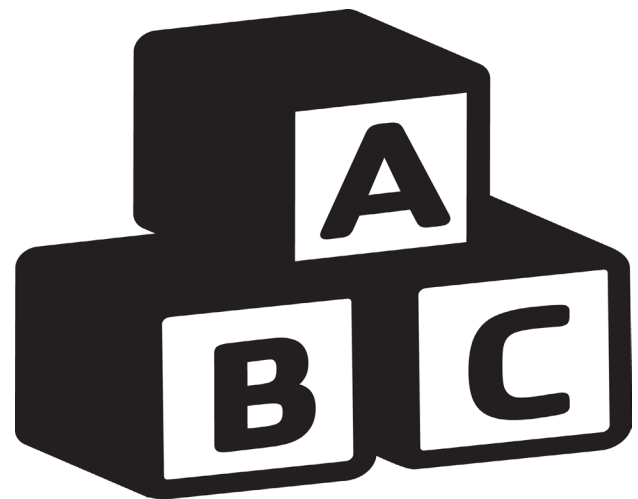
- Main Building on 101 Highland Ave: School-Age Childcare Licensing capacity of 78
- Next door at 97 Highland Ave: PreK/K Out of School Time Licensing capacity of 39

#### Off-Site Locations at Prospect Hill Academy

- YMCA @PHA Franklin on 17 Franklin Street: School-Age Childcare Licensing capacity of 65
- YMCA @PHA Webster on 15 Webster Ave: School-Age Childcare Licensing capacity of 78

We provide children access to our gymnasium and local parks so they can develop their gross motor skills.

We help children develop their social and emotional skills through effective communication in a collaborative environment.





# OUR CHILDCARE IMPACT



87% of Children are Subsidized, opening up opportunities for families of all backgrounds to have their children attend our programs.

We had **250 children** participate in our summer STEAM programming.

We provide transportation home at the end of the day to our children living in SHA Housing.

Over **\$590,000** in grants and funding for our childcare to provide subsidized spaces, supplies and equipment.

All children enrolled in childcare are given free memberships, allowing them to partake in free swim lessons and discounted youth sport programs.



## BALANCED LIVES NEED A FOCUS ON SPIRIT, MIND AND BODY

The Y is a leading voice on health and well-being, a leader in fighting chronic disease, and we're committed to empowering people to lead fuller lives. We bring families closer together, encourage good health and foster connections through fitness, sports, fun and shared interests. We believe that being healthy means more than simply being physically active. It is about maintaining a balanced spirit, mind and body. We bring families closer together, promote healthy living, and foster connections through fitness, sports, fun and shared interests. As a result, millions of youth, adults and families receive the support, guidance and resources they need to reach their health goals.

## Our Programming and Facilities

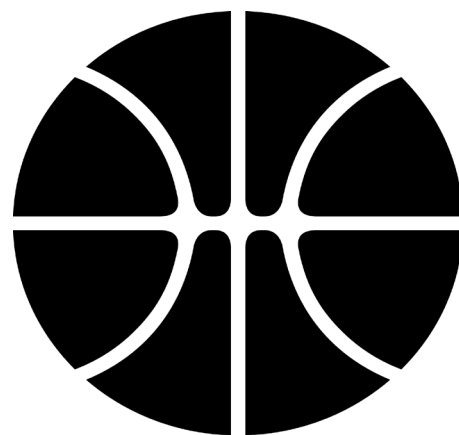
### Adults Programs & Health & Wellness Spaces

Adult Swim Lessons	Cardio room
Basketball Court	Pickleball
Fitness Bootcamp	Water Exercise
Indoor Track	Weight Room
Lap Swim	Yoga



### Youth Programs

Basketball  
Karate  
Soccer  
Swim Lessons  
Swim Team  
Toddler Open Gym





# OUR PROGRAMMING IMPACT

Free swim lessons were provided to youth 6-13 saving our community over **\$120,000**.

Through our partnership with the school district, we provided transportation to approximately **200 children** for the schools learn to swim program as in-kind service.

20 youth programs helped our members save **\$125,000** throughout the year.

Scholarships are also given to kids living in SHA for free youth sport lessons.

Free Lifeguard Training for Staff.

Reduced Membership Rates for Youth and Seniors.

Over **\$100,000** given in scholarships to the adults and youth in our community.

Free Pickleball and Yoga classes for all members.



# AFFORDABLE HOUSING IMPACT

## PERSISTENT EFFECTS OF THE PANDEMIC

The pandemic has significantly widened the gap between the supply and demand for affordable housing, especially impacting low-income renter households. Inflation has increased the need for affordable housing suppliers to find alternative sources of financing to make affordable housing projects feasible. On the demand side, worker wages have not kept up with the rise in housing costs. For the first time, the National Low Income Housing Coalition's 2022 Out of Reach Report revealed that no metropolitan area or county in the U.S. allows a full-time minimum wage worker to afford a modest two-bedroom rental home at fair market rent.

Affordable housing stands as a pivotal part of the Y's core mission, particularly in response to the ongoing housing crisis. The Y has a rich history of owning and operating Single-Room Occupancy Units (SROs) for well over a century.

## HOUSING IMPACT

- 43 Single-Room Occupancy Units
- 12 Units benefiting from Project-Based Voucher (PBVs)
- 83% of current residents fall under the category of Very Low Income (VLI) or Extremely Low Income (ELI) based on HUD's income limits.

The Somerville Y's role in the housing delivery system is possible due to robust local partnerships with entities such as the Somerville Housing Authority, Somerville Homeless Coalition, and other local Community Based Organizations.





# THE YMCA BELIEVES OUR COMMUNITIES ARE STRONGEST WHEN EVERYONE SUCCEEDS

## Community Events Help Further Our Impact and the Success of Their Participants

Healthy Kids Day- a fun community  
event for the youth.

Here are some of the partners involved and  
activities that took place:

- WICC
- Free Books from Candlewick Press
- Free COVID Vaccine Clinic by Mass DPH
- Firetruck Provided by Somerville Fire Dept
- Free Healthy Food
- Fun Activities such as Facepainting, Bracelets, Sand Art and Live DJ
- Somerville Community Growing Center Scavenger Hunt

### Food For Free Program

We partner with food for free to provide 45 boxes of free fresh and healthy foods to our community weekly, this results in 2,340 boxes of food being given away yearly to the community. These boxes include fresh fruits, vegetables and canned goods.

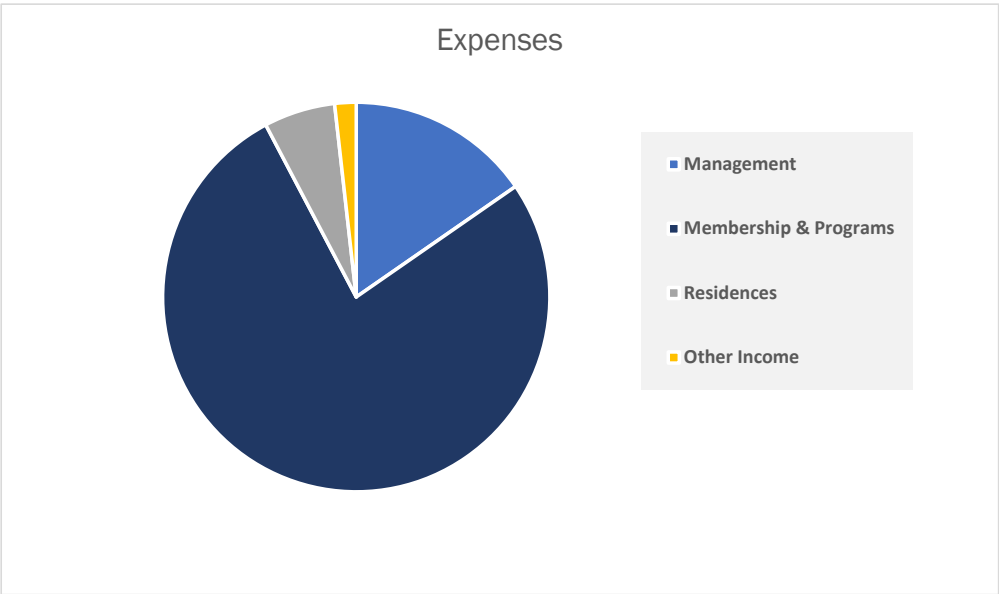
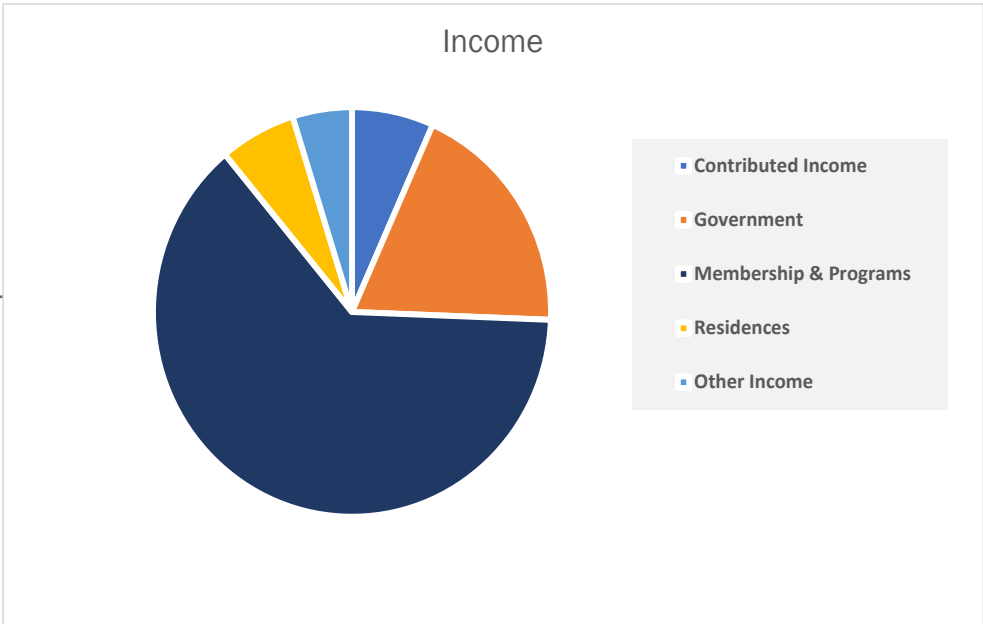


# FINANCIAL STATEMENT

Year Ending December 31st 2022

## INCOME

Memberships & Programs	\$2,381,494
Government	\$712,790
Contributed Income	\$ 249,919
Residences	\$233,034
Other Income	\$181,289
<b>Total Income</b>	<b>\$3,758,535</b>



## EXPENSES

Program & Membership	\$2,569,955
Management	\$514,499
Residences	\$198,960
Other Income	\$59,862
<b>Total Expenses</b>	<b>\$3,343,276</b>



\$415,259

Surplus that goes to our Facilities and Programs



# Grant Funders

Thank you to these generous donors for entrusting the Y with your dollars to invest in making good happen.

With the support of these loyal donors and government funding, the Somerville Y was able to:

- Fund 4 year round Child Care Programs and provide competitive wages to our childcare staff.
- Fund Scholarships for our Youth and Adult Members.
- Have Healthy Kids Day.
- Provide Free Swim Lessons to Youth.
- Provide discounts for Youth Sports Programs.

SUPPORTERS	GRANT TITLE
City of Somerville	Childcare Affordability Fund
Mass. Dep. of Early Education and Care	C-3 Stabalization Grant
Massachusetts BSAS	Y Alliance
Massachusetts DESE	ASOST Grant
Massachusetts DESE	ASOST Summer Grant
National Y	Food Grant
Philanthropy of MA (AGM)	Summer Fund
Philanthropy of MA (AGM)	Mental Health Grant
Pinewood Acres	Summer Scholarships
SACCO Foundation	Youth Programs Grant
Somerville Housing Authority	Summer Grant
Somerville Housing Authority	Youth Sports Grant
Somerville Kiwanis	Summer Scholarships
United Way	Summer Step-Up Grant
Y-Alliance	2022 ASOST Rebound Grant



Working  
with our  
Community



Thank you to all of our Supporters and Local Partners!

City of Somerville  
Somerville Police Department  
Somerville Fire Department  
Somerville Public Schools  
Prospect Hill Academy  
Farr Academy  
Candlewick Press  
Food for Free  
Somerville Community Growing Center  
Boy Scouts of America  
Boston University Dance Team  
Massachusetts DCR  
Massachusetts DESE  
Massachusetts BSAS  
Somerville Housing Authority  
Somerville Kiwanis  
United Way  
Somerville Promise  
WICC  
Massachusetts DCF  
Massachusetts DPH





# YMCA ANNUAL GOLF TOURNAMENT SPONSORS



Winter Hill Bank

Caseys Somerville

Somerville Police Employees's Association

Somerville Fire Department Local 76

The Burren

Vertex Companies

Cataldo Ambulance

Murphy Family

John T Forcellese Memorial Scholarship Fund

Michael McGlynn

Linda Forcellese

Planet Aid

The Charles @ Bunratty Tavern

Tuesday Night Turtles

Irene Prendergast

Winter Hill Bakery

American Flatbread

The Keating Family

Cheryl Prendergast

Cara Curtis

Orleans Restaurant

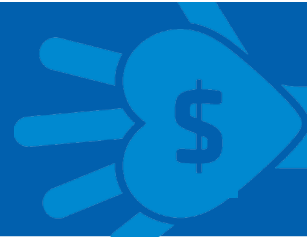
Carol DeAngelis

Joanne Prendergast

Mass State Lottery



We would like to thank our loyal donors!



## Annual Campaign Contributors

Thank you to the fiscal year 2021-22 annual campaign donors who contributed funds to benefit the Partners With Youth.

Michelle Aborn  
Louis Aceto  
William Alves  
Ian Barnard  
Nick Barrett  
Vladimir Benoit  
Amy Benoit  
Mr. James Boas  
Mark Brown  
Alphonso Brown  
Alfonso Brown  
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Garret-Lynch Insurance  
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Goldman Family Charitable  
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Karen Welling  
Katherine Wheeler  
Ruby White  
Lawrence Willwerth  
Winter Hill Bank







**CHANGING LIVES,  
STRENGTHENING  
OUR COMMUNITY**

## SOMERVILLE Y REDEVELOPMENT PROJECT

### PROJECT OVERVIEW

The Somerville Y is exploring the development of a mixed-use development project that aims to create a thriving community hub. This project is designed to bring together various amenities and services for individuals of all ages and backgrounds, with a strong focus on collective impact. We envision a new full-service y facility, mixed-income residential units, and other community-serving amenities. Check our website for up to date information.





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